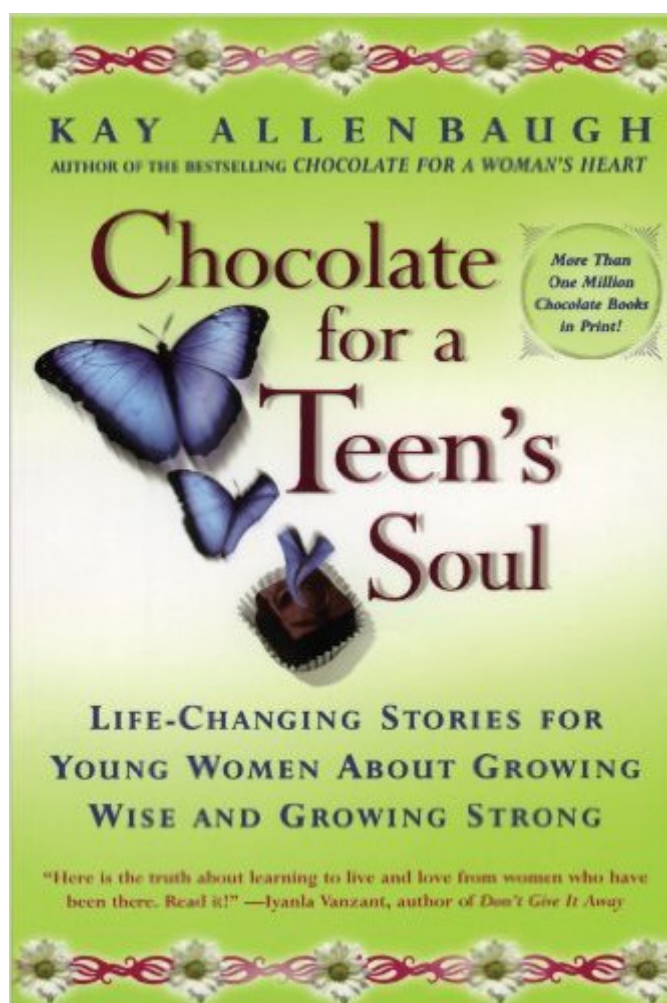


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# Chocolate For A Teen's Soul: Life-changing Stories For Young Women About Growing Wise And Growing Strong



## Synopsis

Rich, enticing, and delectable as a luscious box of chocolates, this collection offers 55 tales of life and love as a teenager. From teens of every age, including women who remember what it was like, come stories of first love, first jobs, best friends, heartbreak, hope, innocence, and the real world. Poignant, funny, and powerful, these stories tell it like it is. From the recollection of a first kiss to tales of self-consciousness about a changing body, from painful struggles with parents and grandparents to the joy of abiding family love, teens will see themselves in these pages and find comfort in knowing that they are not alone.

## Book Information

Paperback: 256 pages

Publisher: A Fireside Book; Original ed. edition (August 8, 2000)

Language: English

ISBN-10: 0684870819

ISBN-13: 978-0684870816

Product Dimensions: 5.5 x 0.6 x 8.4 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (17 customer reviews)

Best Sellers Rank: #261,136 in Books (See Top 100 in Books) #37 in [Books > Christian Books & Bibles > Children's & Teens > Teens > Inspirational](#) #270 in [Books > Teens > Religion & Spirituality](#) #3625 in [Books > Self-Help > Motivational](#)

## Customer Reviews

Chocolate for a Teen's Soul is one of many choices available in my classroom for SSR (silent sustained reading) which my school conducts on a continuous and rotating basis. The young women in my class choose it first and we have to have a sign up to reserve it for the next day! It is a favorite and stimulates conversation about problem solving and leads to sharing of similar situations. Because of the response of the teen's in my classroom, I have purchased one for every young woman on my Christmas list!

I'd like to have reviewers add their age to their review. It seems like the one who didn't like the book was a teen and the ones who did were older. Trying to buy this for my teen daughter- I'd rather hear from kids her age than other Moms. What might be nostalgia for us, may be irrelevant for our daughters.

Chocolate for a Teen's Soul is a book of experiences. It is a book of stories about friend betrayal, or a good friendship, of love, death, illness, struggle, and other topics about life as a teenager. It's a book of emotions filled with happy thoughts and sad thought. It may give you a laugh or tears, or an amused face; it will make you fill what the writer felt at the moment. The authors of these stories narrate their stories so well it makes you see the things happening as you read. They make you cry or even laugh. The characters and writers express their fillings from tough moments, embarrassing moments, sad moments, and joyful moments of their lives. It also shares with us experiences to learn form, mistakes they made and wrong ways they took as teens. I liked this book because I like reading about real life experiences, especially experiences about people that are at my age and going through similar things that I am going through. I learned from these stories how important it is to cherish every moment with each person because you really know when they're not going to be here anymore. I learned not to ignore the small things about life because later when we look at the past we may notice that those small things were actually the big things of life. My favorite stories were the love stories. There were stories that said how love felt. They described every moment going inside them when they felt that emotion that they became speechless, and that they felt butterflies in their stomach. How they became a fairy tale and then suddenly the fairy tale ends in such a tragic way, that it makes me cry. Lives me wanting to fill that great emotion that that person once felt. Personally I loved this books, the stories were the greatest!

After reading the book, I felt that it was very touching and it conveys to us some of the problems teens face. It gives us a sense that we are not the only ones who face problems but it is quite common around the world. There are a variety of incidents which teens experience throughout the book such as love, friendships, backstabbing, and more sensitive subjects of death. This book has opened my eyes to some of the more serious problems which other teens face and has taught me to be thankful that my problems aren't as serious. This book not only was a source of entertainment, yet it also taught me to look at things from a different perspective. Although I have learned a lot from this book, I feel that some of the stories weren't that descriptive and I wasn't that absorbed into it. While reading some of the stories, were quite boring and I got tired of reading it. My favorite stories in the book would probably be the ones concerning friendship and love. This is because I am quite curious of what problems other teens face. I felt that those stories were quite touching and I was quite stunned with some of their experiences. All in all, this book is suitable for all teens and is a book which may be remembered forever.

I gave this book to my 12 year old granddaughter who was spending the day with me and helping me around the house. Unfortunately, I gave it to her before we had completed the work we were doing--she began reading the book and I finished the work by myself. This is a wonderful book. It is full of meaningful stories dealing with many of the issues that we all must deal with getting through the teen years. Thank heaven for Kay Allenbaugh--as with all of her books; I laugh, I cry and I remember things in my life that I had forgotten about.

This book is full of life altering stories. This book helps teen's know that they are not alone in all of their doubts and problems. There are stories of real life events, such as first loves, kisses, and first experiences. There are stories of best friends, and worst foes. These stories help a teen with their everyday trials and tribulations. This book shows that teenagers are not alone in the every day problems that they are associated with. The teen's of today believe that they are the only one's that have these problems, and once they read this book they see that other people have these problems too, and they don't feel like they are alone in the world, and they feel comforted in the things they read in the book because it helps them feel more comfortable with themselves, and their insecurities. That's why I chose this book, because it helps all teen's with everyday problems. This book in my opinion deserves 5 stars.

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